MHST

# Parents: MHST Information at a Glance

## General MHST information

MHST leaflet explaining who and what we offer

Self-referral for primary aged pupils

Self-referral for secondary school pupils

Leaflets on our universal groups

MHST website

MHST video library

## Helping with…. Parent webinars (topics chosen by parents)

Webinars: Helping Children with Series 25/26

Webinars: Helping Teens with Series 25/26

achieving for children